

Pollinator Attracting Native Flowering Plants in Alberta

Planting native seeds is a great way to encourage long-term sustainability and a healthy ecosystem for both plants and local pollinators. When choosing what to plant, ensure that there is diversity in the characteristics of the flowers and the time of year that they bloom. This will provide pollinators, especially bees, with access to nectar and pollen in the early spring and late fall seasons, the times when they need it most!

This guide is not a comprehensive list of native flowering plants in Alberta. The below flowering plants, arranged in order of bloom time, are just some of our favourites. Happy gardening!



Prairie Buttercup

(Ranunculus rhomboideus)

Blooming Time: April-May
Height: up to 15cm

Sun Requirements: Full sun to partial shade



Canada Violets

(Viola canadensis)

Blooming Time: May
Height: Short (20-40cm)
Spreads when left unchecked

Sun Requirements: Full sun to partial shade



Slender Blue Beardtongue

(Penstemon procerus)

Blooming Time: May-June;
August-September
Height: 15-45cm

Sun Requirements: Full sun





Nodding Onion

(Allium Cernuum)

Blooming Time: May-July
Height: 15-40cm
Spreads slowly

Sun Requirements: Full sun to partial shade



Common Harebell

(Campanula rotundifolia)

Blooming Time: June to frost
Height: 20-55cm
Spread: 20-30cm

Sun Requirements: Full sun to partial shade



Blanket Flower

(Gaillardia Aristata)

Blooming Time: July-August
Height: 30-60cm
Spread: 30-45cm

Sun Requirements: Full sun



Giant Hyssop

(Agaastache foeniculum)

Blooming Time: July-August
Height: 60-90cm
Spread: 30-50cm

Sun Requirements: Full sun to partial shade



Meadow Blazingstar

(Liatris ligulistylis)

Blooming Time: July-August
Height: 30-60cm
Spread: 30cm

Sun Requirements: Full sun





Smooth Fleabane

(Erigeron glabellus)

Blooming Time: July-August
Height: 20-45cm
Does not spread aggressively

Sun Requirements: Full sun to partial shade



Wild Bergamot

(Monarda fistulosa)

Blooming Time: July-August
Height: 30-60cm
Spread: 40cm

Sun Requirements: Full sun to partial shade



Prairie Goldenrod

(Solidago missouriensis)

Blooming Time: July-August
Height: 15-40cm
Spreads into a wide patch

Sun Requirements: Full sun to partial shade



Showy Aster

(Eurybia conspicua)

Blooming Time: Late July-September
Height: 60-90cm
Spreads into a large clump

Sun Requirements: Full sun to partial shade



Common Tall Sunflower

(Helianthus nuttallii)

Blooming Time: August-September
Height: 150-180cm
Spreads when left unchecked

Sun Requirements: Full sun



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